FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C.	20549	

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Fauchon de Villeplee Christophe					IN	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]								heck all ap Dire  Off	plicab ector cer (gi		Person(s) to Issuer  10% Owner Other (specify	
(Last) 521 WES	(F ST 57TH S	*	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 01/02/2022								A bel	President, Scent			
(Street) NEW Y(			10019 (Zip)		- 4. II	f Ame	ndmer	nt, Date	of Origin	al File	d (Month/D	ay/Year)		ne) X Foi Foi	m filed	d by One R	iling (Check A Reporting Pers	son
		Tab	le I - No	n-Deriv	vative	e Se	curit	ies Ac	quirec	l, Dis	sposed (	of, or Be	eneficia	lly Owr	ed			
Date			2. Transa Date (Month/I	Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		Disposed	ties Acquir d Of (D) (Ins				y   F	. Ownership form: Direct D) or Indirect ) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Tran	saction . 3 and	n(s) d 4)		(Instr. 4)
Common Stock 01/02/			2/2022	2022		M		784	784 A \$1		12 7,234		4	D				
		7	Table II -						,			, or Ben ible sec		y Owne	d			
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Security or Exercise (Month/Day/Year)		if any	ition Date, T		4. Transaction Code (Instr. B)		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)				9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form: Direct (D or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	or Number of Shares					
Restricted Stock	(1)	01/02/2022			M			784 <sup>(2)</sup>	(3)		(3)	Common Stock	784	\$0.0000	(1)	784	D	

## **Explanation of Responses:**

- 1. The Restricted Stock Units ("RSUs") convert to Common Stock on a one-for-one basis.
- 2. Reflects vesting and settlement of RSUs granted on January 2, 2020.
- 3. The RSUs vested on January 2, 2022.

## Remarks:

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/s/ Jennifer Johnson, attorney in 01/04/2022

fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

KNOW ALL BY THESE PRESENTS, that the undersigned hereby constitutes and appoints each of Jennifer Johnson, Mihalis Gousgounis and Brianna Cetrulo, signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of International Flavors & Fragrances Inc. (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, complete and execute any amendment or amendments thereto, and timely file any form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact in behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 1st day of October, 2021.

/s/ Christophe Fauchon de Villeplee Christophe Fauchon de Villeplee