## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

							00()	00			ompany Act	0. 20 .0						
1. Name and Address of Reporting Person*  Fortanet Francisco						2. Issuer Name and Ticker or Trading Symbol  INTERNATIONAL FLAVORS &  FRAGRANCES INC [ IFF ]								Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner				
					FR													
														X	belov	er (give title w)	below	(specify )
(Last)	(Fii	rst) (	Middle)	)		3. Date of Earliest Transaction (Month/Day/Year)									SVP, Operations			´
521 WEST 57TH STREET				02/	02/15/2013										0,1,0	perutions		
(Street)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)				
NEW YO	ORK N	<i>7</i> 1	10019											X	Forn	n filed by One	Reporting Per	son
INEW IC	JIXIX IV.		10013											Λ		Form filed by More than One Reporting		
(City)	(St	ate) (	Zip)			Form filed by More than One Re							Jorung					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Yell)			.	Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquire Disposed Of (D) (Instruction of the control					5)	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
							Code	v	Amount	(A) or (D)	Price			rted action(s) 3 and 4)		(Instr. 4)		
Common Stock 02/15/2			02/15/20	013	13		S		6,666	D	\$73.83	375 <sup>(1)</sup>	21,242		D			
Common Stock														9	I	By 401k		
		Та	ble II								oosed of, convertib				vned			
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security  3. Transaction Date Execution Date, if any (Month/Day/Year)				ransaction of ode (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivative Security (Instr. 5)			Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				
					Code	v	(A)	(D)	Date Exerc	cisable	Expiration Date	Title	Amount or Number of Shares					

## **Explanation of Responses:**

1. The price reported in Column 4 of Table 1 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$73.8000 to \$73.9100, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

By: Jodie Simon Friedman, attorney in fact

02/20/2013

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.