FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	VAL							
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Hendricks Kimberly A.</u>							2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]								tionship of Reportir all applicable) Director Officer (give title		10% Ov Other (s		wner
(Last) 521 WES	Last) (First) (Middle) 321 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 06/30/2009									below) Controller			below) er	
(Street) NEW YORK NY 10019 (City) (State) (Zip)					4. If	Amer	ndment	, Date (of Origina	al File	d (Month/Da	ay/Year)		6. Indiv Line) X	Forn	or Joint/Group on filed by One on filed by Mor oon	e Rep	oorting Pers	on
		Tabl	e I - No	on-Deriv	ative	Sec	uritie	es Ac	quired	l, Di	sposed o	f, or E	Benefic	ially	Owne	ed			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day)						Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acqu Disposed Of (D) (In					5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										v	Amount	(A) o (D)	r Price	•	Trans	saction(s) . 3 and 4)			(
Common	Stock			06/30/	2009				J ⁽¹⁾		7	A	\$32	.72(2)	⁽²⁾ 2,208 ⁽³⁾ D				
		Та	ble II -								osed of, convertib				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	version Xercise (Month/Day/Year) Execution Date, if any (Month/Day/Year) arity		Code (8)	Transaction Code (Instr. B) S		osed) r. 3, 4	6. Date Expirati (Month)	ion Da /Day/Y		Amount of Securities Underlying Derivative Security (Instr. and 4) Amount of Manual Amount or Number of Security Instr.						10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. Acquisition under IFF's 401(k) Plan.
- 2. Closing market price on date of acquisition under IFF's 401(k) Plan.
- 3. Includes holdings under the 401(k) Plan representing 205 shares. The information is presented as of June 30, 2009.

Remarks:

By: Dennis Meany, attorney in 07/01/2009 **fact**

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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