FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	S IN BENEFICIA	L OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287

Estimated average burden

0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* O'Leary Richard				<u>I</u>	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]								heck all a	pplic ecto	•		son(s) to Iss 10% Ov Other (s	vner
(Last) (First) (Middle) 521 WEST 57TH STREET				3. Date of Earliest Transaction (Month/Day/Year) 01/02/2015							X Officer (give title Officer (specify below) Controller							
(Street) NEW YO	ORK N	Y	10019	4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	,	(Zip)	Dorivatio	utive Securities Acquired, Disposed of, or Beneficially Owned													
1. Title of Security (Instr. 3) 2. Translate (Monte (Mont			. Transactio Date Month/Day/\	2A. Deemed Execution Date,		3. Transact Code (In 8)	ion str.	4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5) Amount (A) or (D)		ed (A) or tr. 3, 4 an	5. Al Sect Ben Owr Rep Tran (Inst	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)			4. Trans	Transaction of Code (Instr. Derivative		6, Options, converti 6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
				Code	· v	(A)	(D)	Date Exercisable	Ex Da	piration ate	Title	or Number of Shares						
Restricted Stock Units	\$0.0000(1)	01/02/2015		A		1,487		01/02/2017	01	/02/2017	Common Stock	1,487	\$0.000	00	1,487		D	

Explanation of Responses:

 $1.\ The\ Restricted\ Stock\ Units\ ("RSU's")\ convert\ to\ Common\ Stock\ on\ a\ one-for-one\ basis.\ The\ RSU's\ vest\ on\ January\ 2,\ 2017.$

Nanci Prado, attorney in fact 01/22/2015

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.