FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

			Washington, D.C. 20549							OMB APPROVAL			
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).			EMENT OF CHANGES IN BENEFICIAL OWNE Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934							Estimated average burden		3235-0287 en 0.5	
				ection 30(h) of the I						<u>.</u>			
1. Name and Address of Reporting Person [*] Baydar Ahmet				2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &</u> <u>FRAGRANCES INC</u> [IFF]						k all applicable Director Officer (give	10% C ve title Other		Owner (specify
(Last) 521 WEST 571	(First) TH STREET		te of Earliest Trans 0/2012	/Day/Year)		below) SVP, Res	below) esearch & Development						
(Street)				Amendment, Date o	d (Month/Day/	6. Indi Line)	6. Individual or Joint/Group Filing (Check Applicable Line)						
NEW YORK	NY	10019						X	Form filed by One Reporting Person				
(City)	(State)	(Zip)							Form filed by More than One Reporting Person				
		Fable I - No	n-Derivative	Securities Acc	quired	l, Dis	sposed of,	or Be	neficially	Owned			
Date			2. Transaction Date (Month/Day/Year)	Execution Date,		ction Instr.	4. Securities Disposed Of			5. Amount of Securities Beneficially Owned Follor		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
					Code	v	Amount	(A) or	Price	Reported Transaction(s)		(Instr. 4)

								Code	v	Amount	(D)	Price		(Instr. 3	3 and 4)		
Common Stock 01/30			/2012				J ⁽¹⁾		3	A	\$56.	41 ⁽²⁾	9,	.064 ⁽³⁾	D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
Derivative Conversion Date		3. Transaction Date (Month/Day/Year)	Execution Date,		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares					

Explanation of Responses:

1. Acquisition under IFF's 401(k) Plan.

2. Closing market price on date of acquisition under IFF's 401(k) Plan.

3. Includes holdings under the 401(k) Plan representing 230 shares. The information is presented as of January 30, 2012.

By: Jodie Simon Friedman,

attorney in fact

01/31/2012

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.