

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

OMB APPROVAL	
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Fibig Andreas</u>  (Last) (First) (Middle) <u>521 WEST 57TH STREET</u>  (Street) <u>NEW YORK NY 10019</u>  (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &amp; FRAGRANCES INC [ IFF ]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <p style="text-align: center;"><b>CEO</b></p>
	3. Date of Earliest Transaction (Month/Day/Year) <u>05/01/2019</u>	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock								51,487.249	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Purchased Restricted Stock Units	(1)	05/01/2019		A		20,026 <sup>(2)</sup>		04/01/2022	04/01/2022	Common Stock	20,026	\$0.0000	20,026	D	
Restricted Stock Units	(3)	05/01/2019		A		4,172 <sup>(4)</sup>		04/01/2022	04/01/2022	Common Stock	4,172	\$0.0000	4,172	D	
Purchased Restricted Stock Units	(1)							04/02/2021	04/02/2021	Common Stock	21,413		21,413	D	
Purchased Restricted Stock Units	(1)							04/03/2020	04/03/2020	Common Stock	8,643		8,643	D	
Restricted Stock Units	(3)							04/03/2020	04/03/2020	Common Stock	7,203		7,203	D	
Stock Equivalent Unit	(5)							(6)	(6)	Common Stock	49,098.788		49,098.788	D	

**Explanation of Responses:**

- The Purchased Restricted Stock Units ("RSUs") convert to Common Stock on a one-for-one basis.
- Represents matching grant of Purchased Restricted Stock Units ("RSUs") under the Equity Choice Program, all of which will vest on April 1, 2022.
- The Restricted Stock Units ("RSUs") convert to Common Stock on a one-for-one basis.
- Represent RSUs granted under the Equity Choice Program.
- The Stock Equivalent Units ("Units") convert to Common Stock on a one-for-one basis.
- The Units are payable in Common Stock upon earlier of termination of employment or January 1 following retirement.

/s/ Nanci Prado, attorney in fact 05/03/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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