FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL **OWNERSHIP**

OMB APPROVAL										
OMB Number:	3235-0362									
Estimated average burden										
hours per response:	1.0									

Form 3 Holdings Reported

Instruction 1(b)

Form 4	Transactions	Reported.	Fi	led pursuant t or Sectio			i(a) of the ne Investm									
1. Name and Address of Reporting Person* MIRZAYANTZ NICOLAS			INTER	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner V Officer (give title Other (specify						
(Last) (First) (Middle) 521 WEST 57TH STREET				3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2011						'ear)	X Officer (give title Other (specify below) Group President Fragrance					
(Street) NEW YORK NY 10019 (City) (State) (Zip)				4. If Amer	4. If Amendment, Date of Original Filed (Month/Day/Year)						Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - Non-Deri	vative Sec	uriti	es A	cquired	d, Dis _l	posed	of, or E	Beneficia	lly Owne	d			
Date I (Month/Day/Year) i		Execution D	2A. Deemed Execution Date, if any (Month/Day/Year)		saction e (Instr.				r Disposed	5. Amou Securitie Beneficia Owned a	ies Owi		rship : Direct	. Nature of ndirect Beneficial Ownership		
			(Month/Day/Year)		r) 8)		Amount		(A) or (D)	Price	Issuer's Year (Ins 4)	Fiscal	l Indirect (I)		(Instr. 4)	
		Ta	able II - Deriva (e.g., p	tive Secu outs, calls			. ,	•		,		y Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)			10. Ownersh Form: Direct (D) or Indirec (I) (Instr.	Beneficial Ownership (Instr. 4)	
					(A)	(D)	Date Exercisal		opiration	Title	Amount or Number of Shares					
Stock Equivalent Unit	(1)	12/31/2011		A	8(2)		(3)		(3)	Commor Stock	8	\$0.0000	472		D	

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units acquired upon reinvestment of dividends accrued on units in the IFF Stock Fund under the company's deferred compensation plan during 2011. The acquisition of units with reinvested dividends is exempt from line item reporting under SEC rule 16a-11.
- 3. Not applicable.

By: Jodie Simon Friedman, attorney in fact

02/09/2012

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.