FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington D.C. 20549

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	OMB APPROVAL
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OMB Number:	3235-0287									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HUDSON KATHERINE M					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS &									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
(Last) (First) (Middle) 521 WEST 57TH STREET					FRAGRANCES INC [IFF] 3. Date of Earliest Transaction (Month/Day/Year) 04/30/2013								_	X		Director Officer (give title below)		10% Ow Other (s below)		
(Street) NEW YORK NY 10019 (City) (State) (Zip)				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(- 4)			ble I - Non-I	Derivati	ve Se	curiti	es A	cqu	uired, D	isp	osed of	, or Ben	eficia	lly C	Owned					
Date				Transaction Date Month/Day/	Execution Date,			Transaction Disposed Code (Instr. 5)		ies Acquired (A) or Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of ndirect Beneficial Ownership Instr. 4)			
			Table II - De	erivative								or Bene				iiu 4)				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Yes	Code (Instr.		of I		Exp	6. Date Exercisable and Expiration Date (Month/Day/Year)		and	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		De Se (Ir	Price of erivative ecurity nstr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficia) Ownershi ct (Instr. 4)	
				Code	v	(A)	(D)	Date Exe	e rcisable	Exp Dat	oiration e	Title	Amour or Number of Shares	er						
Restricted Stock Units	(1)	04/30/2013		A		1,295		04/3	30/2016 ⁽¹⁾	04/	30/2016 ⁽¹⁾	Common Stock	1,295	5 5	\$0.0000	1,295	5	D		

Explanation of Responses:

1. Restricted Stock Units ("RSUs") granted under the Non-Employee Director Compensation Program. The RSUs must be deferred on vesting and are not payable until retirement or other termination of directorship. The RSUs convert to Common Stock on a one-for-one basis.

By: Joseph F. Leightner, attorney in fact

05/01/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.