FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-02									
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Chwat Anne    International Flavors & Fragrance   International Flavors & Fragrance   International Flavors   International Fl			*			7	lecuo	Nama and	LTicke	or Tradi	ina Sı	ımbol		5 D	alationehin o	f Donortino	Dorce	on(e) to lee	ıor	
Cast		. Name and Address of Reporting Person*					2. Issuer Name <b>and</b> Ticker or Trading Symbol INTERNATIONAL, FLAVORS &								(Check all applicable)					
Clay	Cilwat																			
Solvential Street (Street) Str						-  _		<u> </u>								give title			specify	
(Street) NEW YORK NY 10019  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 4)  2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 3)  2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 3)  3. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  1. Title of Security (Instr. 3)  3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Instr. 3)  3. Transaction (Instr. 4)  4. Securities Acquired (A) or Disposed of (Instr. 3)  4. Securities Acquired (A) or Disposed of (Instr. 3)  4. Securities Acquired (A) or Disposed of (Instr. 3)  4. Securities (Instr. 4)  5. Number of Securities (Instr. 4)  6. Date Exercisable and Expiration Date (Instr. 3)  7. Title and Amount of Securities Date (Instr. 4)  8. Price of Officially Owned (Instr. 4)  8. Price of Officially Ownership Conversible Securities Date (Instr. 4)  9. Number of Securities Date (Instr. 4)  9. Number of Securities Date (Instr. 4)  1. Title of Securities (Instr. 4)  1. Title of Securities (Instr. 3)  3. Transaction (Instr. 4)  1. Title of Securities (Instr. 3)  3. Transaction (Instr. 4)  4. Securities (Instr. 4)  5. Date Exercisable and Expiration Date (Instr. 3)  6. Date Exercisable and Expiration Date (Instr. 3)  8. Price of Officially Ownership Conversible Securities (Instr. 4)  9. Number of Securities (Instr. 4)  9. Number of Securities (Instr. 4)  1. Title of Securities (Instr. 4)  1. Title of Securities (Indicet)  1. Title of Securities	` '	`	,	(Middle)					ransa	ction (Mo	nth/D	ay/Year)			EV	P, GC, 8	k Cor	p. Sec'y		
City   NEW YORK   NY   10019   Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned	521 WE	ST 57TH S	TREET			05	05/15/2020											. ,		
New YORK   NY   10019				t) (Middle) REET  10019  Table I - Non-D  Table II - Del (e.c. Transaction ate Month/Day/Year)  3A. Deemed Execution Date, if any (Month/Day/Year)		- 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
City   (State   Cip)   Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   Security (Instr. 3)   2. Transaction Date (Month/Day/Year)   (Month/Day/Year	` '	on		10010										1 1			of John Cher (spelow)  P, GC, & Corp. Sec'y  Int/Group Filing (Check Appled by One Reporting Person and by More than One Report One			
Table   - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   Securities Acquired (A) or Date (Month/Day/Year)   Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   Securities (D) or Indirect (D) or	NEW Y	JRK N	IY	10019									2							
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year)   A. Deemed Execution Date, (Month/Day/Year)   Code   v   Amount   A. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   S. Amount of Securities Beneficially Owned Following Reported Transaction(S) (Instr. 4)   The Securities Code (Instr. 3)   S. Amount of Securities Beneficially Owned (Instr. 4)   S. Amount of	,			<b>/=</b> : \		-										eu by Mon	e man	Опе керог	ung	
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year)  2. Transaction Stock  2. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Currently Securities  2. Transaction Date (Month/Day/Year)  3. Transaction (S)  4. Securities Acquired (A) or Date (Instr. 3)  4. Securities (Instr. 3)  4. Securities Acquired (A) or Date (Instr. 3)  5. Amount (Instr. 4)  4. Securities Acquired (A) or Date (Instr. 3)  6. Ownership (Instr. 4)  8. January (Instr. 4)  8. January (Instr. 4)  8. January (Instr. 3)  8. January (Instr. 4)  8. January	(City)	(5	state)	(ZIP)																
Date   Month/Day/Year			Ta	ble I - Nor	n-Deri	ivativ	ve Se	curities	Acq	juired,	Disp	osed of	, or Bene	ficially	Owned					
Common   Stock	1. Title of	Security (Ins	tr. 3)		2. Tran	nsactio	on			3.										
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Common Stock  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  1. Title of Derivative Or Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Date Or Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Or Derivative Security (Instr. 3)  3. Transaction Date Execution Date, if any (Month/Day/Year)  4. A. Deemed Execution Date, if any (Month/Day/Year)  4. Derivative Securities (Instr. 3)  5. Number of Expiration Date (Month/Day/Year)  6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Title and Amount or Securities Underlying Derivative Security (Instr. 3)  8. Price of Derivative Security (Instr. 3)  9. Number of derivative Securities (Month/Day/Year)  10. Ownership of Indirect Or Derivative Securities (Instr. 4)  11. Nature of Securities Underlying Derivative Security (Instr. 3)  12. Onversion or Exercise Price of Derivative Security (Instr. 3)  13. Transaction (Securities)  14. Nature of Securities Underlying Derivative Security (Instr. 4)  15. Number of Securities Underlying Derivative Security (Instr. 3)  16. Number of Securities Underlying Derivative Security (Instr. 3)  17. Title and Amount or Security (Instr. 4)  18. Price of Securities Derivative Security (Instr. 4)  19. Owned Following Reported Transaction(s) (Instr. 4)  10. Ownership of Indirect (I) (Instr. 4)  11. Nature of Securities Derivative Security (Instr. 4)  12. Ownership Owned Security (Instr. 4)  13. Amount or Securities Derivative Security (Instr. 4)  14. Amount or Securities Derivative Security (Instr. 4)  15. Number of Securities Derivative Securities Derivative Security (Instr. 4)  16. Number of Securities Derivative Security (Instr. 4)  17. Title and Amount or Securities Derivative Security (Instr. 4)  18. Price of Securities Derivative Security (Instr. 4)  19. Number of Securities Derivative Security (Instr. 4)  10. Ownership Owned Ownership Ownership Owned Ownership Owned Ownership Ownership Owned Ownership								(Month/Day/Year)		8)							(I) (Ins			
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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  1. Title of Derivative Security (Instr. 3)  1. Title of Derivative Security Security (Instr. 3)  2. Conversion of Exercise Price of Derivative Security Security  Security  1. Title of Derivative Security (Instr. 3)  2. Conversion Ozate (Month/Day/Year)  2. Conversion Ozate (Month/Day/Year)  2. Conversion Ozate (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  4. Securities (Month/Day/Year)  5. Number of Derivative Securities (Month/Day/Year)  6. Date Exercisable and Expiration Date (Month/Day/Year)  6. Date (Month/Day/Year)  6. Date (Month/Day/Year)  7. Title and Amount of Securities (Month/Day/Year)  8. Price of Derivative Security (Instr. 3 and 4)  9. Number of Derivative Security (Instr. 3)  10. Ownership Form: Direct (D) Ow	Common	Stock											+		42.87	1 754		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  1. Title of Derivative Security (Instr. 3) Perivative Security (Instr. 3) Poste (Instr. 4) Poste (Instr. 4					-					+-			+		+					
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Derivative Security (Instr. 3) Price of Derivative Security (Instr. 4) Price of Deriva				(	(e.g.,	puts	, cal	ls, warra	ınts,	option	s, c	onvertib	le securi	ties)						
Security (Instr. 3) or Exercise Price of Derivative Security (Instr. 3) and 4)  Stock Equivalent Unit    Month/Day/Year   Mon																		11. Nature		
Derivative Security	Security	or Exercise		if any	Co			Securities					Underlying		Security	Securities		Form:	Beneficial	
A and 5    Expiration   Code   V   (A)   (D)   Date   Expiration   Date   Expiration   Date   Common   Stock   Equivalent   Unit   Code   V   (A)   (D)   Date	(Instr. 3)	Derivative	vative \ \ \ \ \ \ \ \ \ \ \ or Dispos		èď	(Instr. 3 and 4)					(Instr. 5)	Owned		or Indirect	(Instr. 4)					
Stock Equivalent Unit         (1)         05/15/2020         A         A         A         20.148(2)         A         (3)         Common Stock         20.148         \$128.22         4,708.125         D		Security						of (D) (Ins 4 and 5)	tr. 3,							Reported	´	(I) (Instr. 4)	'	
Stock Equivalent Unit         (1)         05/15/2020         A         A         V         (A)         (D)         Date Exercisable         Expiration Date         Title         Number of Shares         Common Stock         Common Stock         20.148         \$128.22         4,708.125         D					r				П		П			Amount						
Stock Equivalent Unit         (1)         05/15/2020         A         A         V         (A)         (D)         Exercisable Date         Title         Shares         C         C         Common Stock         20.148         \$128.22         4,708.125         D																				
Stock Equivalent Unit         (1)         05/15/2020         A         20.148(2)         (3)         (3)         Common Stock         20.148         \$128.22         4,708.125         D					,	Code	l <sub>v</sub>	(A)	(D)				Title							
Equivalent Unit (1) 05/15/2020 A 20.148(2) (3) (3) Common Stock 20.148 \$128.22 4,708.125 D	Stock												6							
	Equivalent	(1)	05/15/2020			Α		20.148 <sup>(2)</sup>		(3)		(3)		20.148	\$128.22	4,708.1	25	D		
					-		-		Н		$\dashv$		$\vdash$						<del>                                     </del>	
Restricted (4) 04/01/2022 04/01/2022 Common 4.125 D. 4.135 D.	Restricted	(4)								04/01/20	122	04/01/2022		<i>∆</i> 135		4 139	,	D		
Stock Units Stock 7,133 Stock 4,135 Stock 5,135 Stock 5,135 Stock 5,135 Stock 5,135 Stock 5,135 Stock 6,135 Stock											_		Stock	1,100		,,,		_		
Purchased	Purchased				$\overline{}$				Н		$\dashv$								<del>                                     </del>	
Restricted (4) 04/02/2021 04/02/2021 Common 3 854 D	Restricted	(4)		I					Ιl	0.4/02/20			I 👝 📗 📗	2.054	1	3.85/	, I	Б.	1	
Units		( )	1	l .						04/02/20	21	04/02/2021		3,854		3,03	٠ .	ע	1	
Purchased	Ullits									04/02/20	21	04/02/2021	Stock	3,854		3,03	_			
Restricted Stock (4)   04/06/2023   04/06/2023   Common Stock   4,569   D	Purchased									04/02/20	21	04/02/2021	Stock	3,854		3,03-		Б		

## **Explanation of Responses:**

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Reflects Units under the Company's deferred compensation plan resulting from deferral of compensation and the 25% premium contributed by the Company on such Units. Units contributed by the Company are subject to vesting based on continued employment through December 31, 2021.
- 3. The Units are payable in Common Stock upon earlier of termination of employment or January 1 following retirement.
- 4. The Purchased Restricted Stock Units ("PRSUs") convert to Common Stock on a one-for-one basis.

/s/ Nanci Prado, attorney in fact 05/19/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.