FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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	Check this box if no longer subject
	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Fauchon de Villeplee Christophe					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]										k all app Direc	tionship of Report all applicable) Director Officer (give title		erson(s) to Is 10% Ov Other (s	Owner
(Last) 521 WES	(First) (Middle) EST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 05/11/2023									below)			below)	
(Street) NEW YO			0019		4. If Amendment, Date of Original Filed (Month/Day/Year)									i. Indi ine) X	,				
(City)	(St	ate) (Z	Zip)		Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or writte satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.									itten pl	lan that is int	ended to			
		Table	l - No	n-Derivat	tive Se	ecur	rities	Acq	uired,	Dis	posed of	, or E	Benefic	ially	y Owr	ned			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day				/Year)	Execu	Deemed cution Date, y th/Day/Year)		3. Transaction Code (Instr. 8) 4. Securiti Disposed 5)		ies Acquired (A Of (D) (Instr. 3,		, 4 and Secu Bene Owner Follo		cially I ing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) (D)	Or Price	Reported Transaction(s) (Instr. 3 and 4)		ction(s)				
Common Stock 05/11/20					2023				S		1,972	1,972 D		5.35	9,093		3 D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, rity or Exercise (Month/Day/Year) if any		4. Transaction Code (Instr. 8)		5. Numl of Deriv Secu Acqu (A) o Dispo of (D) (Instr and 5	rative rities ired r osed)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and				9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Owner Form: Direct or Indi (I) (Ins	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)			Expiration Date		or Number of Shares						

Explanation of Responses:

/s/ Jennifer Johnson, attorney
in fact
** Signature of Reporting Person

05/12/2023

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.