Instruction 1(b)

FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL
OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0362								
Estimated average burden									
Estimated average b	urden								

Form 3	Holdings Rep		OWNER OF III									hou	rs per r	esponse:	1.0			
Form 4 Transactions Reported. Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940																		
1. Name and Address of Reporting Person* Chwat Anne				INTER	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]							ck all app	tor r (give title	•	10%	Owner r (specify		
(Last) 521 WES	Fi ST 57TH S	•	(Middle)		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2011								SVP, GC, & Corp. Sec'y					
(Street) NEW YO	NEW YORK NY 10019							Line)	Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person									
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.	4. Securities Acquired (A) or Dispos (D) (Instr. 3, 4 and 5)			Securit Benefic		es ally	6. Owne Form (D) or	ership : Direct	7. Nature of Indirect Beneficial Ownership				
					r) 8)		Amoi	unt	(A) or (D)	Price		Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)		Indirect (I) (Instr. 4)		(Instr. 4)		
Common Stock 12/31/2011			J ⁽¹⁾		J (1)		3	A \$0.00		\$0.0000 13,		13,595 ⁽²⁾		D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction of Code (Instr. 8) Sec Acc (A) Dis of (Instr. 9)		f Expira		e Exercisable and tion Date n/Day/Year)		7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		ity	. Price of Perivative Security Instr. 5)	9. Number derivative Securitie: Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	10. Ownersh Form: Direct (D) or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)	
					(A)	(D)	Date Exercis	sable	Expiration Date	Title	or Numl of Share	oer						
Stock Equivalent Unit	(3)	12/31/2011		A	3 ⁽⁴⁾		(5))	(5)	Commo Stock			\$0.0000	967		D		

Explanation of Responses:

- 1. Units acquired upon reinvestment of dividends accrued on units under IFF's 401(k) Plan during 2011. Units were acquired at the price per unit in the Vanguard IFF stock fund on the dates of reinvestment.
- 2. Includes 75 Units held under the 401(k) Plan. The information is presented as of 12/31/11.
- 3. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 4. Units acquired upon reinvestment of dividends accrued on units in the IFF Stock Fund under the company's deferred compensation plan during 2011. The acquisition of units with reinvested dividends is exempt from line item reporting under SEC rule 16a-11.
- 5. Not applicable.

By: Jodie Simon Friedman, attorney in fact

02/09/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.