## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549													OMB APPROVAL			JVAL
Sectio obligat	this box i on 16. Forr tions may ction 1(b).	m 4 or Fo		STA		ed pursua	F CHANGE nt to Section 16(a) ction 30(h) of the la	of the S	Securit	ies Exchange		SHIP	Estim	Number: ated average bur per response:	3235-0287 den 0.5	
1. Name and Address of Reporting Person*           Baydar Ahmet           (Last)         (First)         (Middle)           521 WEST 57TH STREET						2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &amp;</u> <u>FRAGRANCES INC</u> [ IFF ]     3. Date of Earliest Transaction (Month/Day/Year)     05/01/2012							Relationship of Reporting Person(s) to Issuer neck all applicable) Director 10% Owner X Officer (give title Other (specify below) below) SVP, Research & Development			
(Street) NEW Y (City)	ORK	NY (State	e)	10019 (Zip)	4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)							Individual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person			
			Та	ble I - No	on-Deriv	vative S	Securities Acc	uired	, Dis	posed of,	or Ber	neficial	ly Own	ed		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da							2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of				6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	t Beneficial Ownership	
								Code	v	Amount	(A) or (D)	Price	Trans	action(s) 3 and 4)		(Instr. 4)
Common Stock 05/01/						/2012		A		<b>9,935</b> <sup>(1)</sup>	A	\$30.19	95 2	1,027 <sup>(2)</sup>	D	
				Table II -			curities Acqui IIs, warrants,			,			Owned	I		
1. Title of	2.	3	3. Transaction	3A. Deer	ned	4.	5. Number	6. Date Exercisable and 7. Title and				d 8	. Price of	9. Number o	of 10.	11. Nature

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Purchased Restricted Stock, all of which will vest on April 1, 2015.

2. Includes holdings under the 401(K) Plan representing 304 shares. The information is presented as of December 21, 2012.

By: Jodie Simon Friedman,

attorney in fact

12/21/2012

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.