FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours ner response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* GORDON ILENE S					<u>II</u>	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]								eck all appli X Directo	tionship of Reporting all applicable) Director Officer (give title below)		g Person(s) to Issuer 10% Owner	
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 05/05/2021									Other (s below)			specify	
(Street) NEW YORK NY 10019 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)						6. I Lin	Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(- 9)				n-Deri	ivativ	re Se	curities	: Acc	wired.	Dis	nosed of	f. or Bei	neficial	ly Owned				
1. Title of Security (Instr. 3) 2. Trans. Date					nsactio				quired, Disposed of, or Be 3.			d (A) or	5. Amou Securitie Benefici Owned F	5. Amount of Securities Beneficially Owned Following		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Transact	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
Common Stock 05				05/0	06/202	5/2021		M		255	255 A) 2	255		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day)	Date,	4. Transaction Code (Instr. 8)		Derivative I		6. Date Exercisable Expiration Date (Month/Day/Year)		te	d 7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares	1	(Instr. 4)	on(s)		
Restricted Stock Units	(2)	05/05/2021			A		1,089 ⁽³⁾		05/05/20)22	05/05/2022	Common Stock	1,089	\$0.0000	1,089)	D	
Restricted Stock Units	(2)	05/06/2021			M			255	05/06/20)21	05/06/2021	Common Stock	255	\$0.0000(1)	0.000	0	D	

Explanation of Responses:

- 1. Upon the vesting of Restricted Stock Units ("RSUs") on May 6, 2021, the reporting person did not defer the receipt of 255 shares of Common Stock pursuant to IFF's deferred compensation plan.
- 2. The RSUs convert to Common Stock on a one-for-one basis.
- 3. Represent RSUs granted under the Non-Employee Director Compensation Program.

/s/ Nanci Prado, attorney in fact 05/07/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.