FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1/h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 Instruction 1(b) or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* DUNSDON JAMES H					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									eck all appl Direct	or	10	6 Owner	
(Last) (First) (Middle)					_											r (give title)	be	er (specify ow)
INTERNATIONAL FLAVORS & FRAGRANCES INC.					3. Date of Earliest Transaction (Month/Day/Year) 09/30/2003								Vice President					
521 WEST 57TH STREET					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street)					10/	/01/2	.003							Line	,	filed by One	Reporting F	erson
NEW YO	ORK N	Y	10019											_		filed by More		
(City)	(S	tate)	(Zip)															
		Tab	le I - Non	-Deriva	ative	Se	curitie	es Ac	quired	Dis	posed	of, or B	enefi	ciall	y Owne	d		
1. Title of Security (Instr. 3) 2. Transa Date (Month/D.					Execution Date			on Date	te, Transaction Dispo Code (Instr. 5)			urities Acquired (A) sed Of (D) (Instr. 3, 4				es ially Following	6. Ownershi Form: Direc (D) or Indire (I) (Instr. 4)	of Indirect Beneficial Ownership
									Code	v	Amoun	nt (A) or P		ice	Transac	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date, T	4. Transactic Code (Inst				6. Date Exercisable an Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form: Direct or Indi (I) (Inst	Beneficial Ownershi ect (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amo or Num of Share	er				
Stock Equivalent Unit	(1)	09/30/2003	10/01/20	003	A		153		(2)		(2)	Common Stock	15	3	\$33.08	5,791	D	

Explanation of Responses:

- 1. The Stock units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 31 of the acquired Units are subject to vesting based on employment through December 31, 2004.

Dennis M. Meany, Attorney-in11/20/2003 <u>fact</u>

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.