## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b).
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPRO	JVAL
OMB Number:	3235-0287
Estimated average burg	len
hours par responses	0.5

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1. Name and Addre Vaisman Her	1 0	INT	2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &amp;</u> <u>FRAGRANCES INC</u> [ IFF ]						ationship of Reportir k all applicable) Director Officer (give title	10% C Other	Owner (specify	
(Last) 521 WEST 57T	(First) H STREET	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 06/15/2011						Group President, Flavors		
, (Street)		4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)			
NEW YORK	NY	10019								Form filed by One Reporting Person		
(City)	(State)	(Zip)								Form filed by Mo Person	re than One Rep	orting
		Table I - Non	-Derivative	Securities Acqu	uired,	Disp	oosed of, o	r Ben	eficially	Owned		
Date			2. Transaction Date (Month/Day/Yea	Execution Date, Transaction Disposed Of (D) (Instr. 3				4 and Securities Form: Direc Beneficially (D) or Indire Owned Following (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
				Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(eigi, pare, calle, martane, epiterio, contentitio coortino)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Deriv	rities ired r osed ) : 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		ate Amount of		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Equivalent Unit	(1)	06/15/2011	06/16/2011	A		34		(2)	(2)	Common Stock	34	\$61.31	5,094	D	

Explanation of Responses:

1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 7 of the acquired Units are subject to vesting based on employment through December 31, 2012.

<u>By: Jodie Simon Friedman,</u> attorney in fact	<u>06/16/2011</u>			
** Signature of Reporting Person	Date			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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