Instruction 1(b)

FORM 5

Form 3 Holdings Reported.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL									
OWNEDSHID									

	OMB APPROVAL									
	OMB Number:	3235-0362								
Estimated average burden										
	hours per response:	1.0								

Form 4	1 Transactions	Reported.	Fil	ed pursuant t or Sectio					rities Excha company Ac									
1. Name and Address of Reporting Person* ADAME MARGARET HAYES				INTER	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]						(Che	eck all appli C Directo	lationship of Reporting Per ck all applicable) Director Officer (give title below)			erson(s) to Issuer 10% Owner Other (specify below)		
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2008													
(Street) NEW YORK NY 10019 (City) (State) (Zip)				4. If Amer	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tab	le I - Non-Deri	vative Sec	curitie	s Ac	cquired	l, Di	sposed (of, or I	Benefi	ciall	y Owne	k				
Date		2. Transaction Date (Month/Day/Year)	if any	xecution Date, Tra						Securit Benefic		i ly		Ownership Form: Direct		7. Nature of Indirect Beneficial Ownership		
						(Month/Day	A	mou		(A) or (D) Price			Owned at end Issuer's Fisca Year (Instr. 3 a 4)		Indired (Instr.		(Instr. 4	
		Т	able II - Deriva (e.g., ¡	ative Secu outs, calls									Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		ite	7. Title and Amount of Securities Underlying Derivative Sect (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitic Benefici Owned Followir Reporte Transac (Instr. 4)	ve es ially ng d tion(s)	10. Owners Form: Direct (or Indir (I) (Insti	ship of Be D) Or ect (Ir	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisa	ıble	Expiration Date	Title	Amo or Num of Shar	ber						
Stock Equivalent	\$0 ⁽¹⁾	12/31/2008		A	170 ⁽²⁾		(3)		(3)	Commo		0	\$0	7,73	33	D		

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units acquired upon reinvestment of dividends accrued on units under the Company's deferred compensation plan during 2008. The acquisition of Units with reinvested dividends is exempt from line item reporting under SEC Rule 16a-11.
- 3. The Units are payable in Common Stock upon retirement or other termination of directorship.

Remarks:

By: Dennis Meany, attorney in 01/13/2009 <u>fact</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.