FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					or Se	ection .	30(11) 01 111	ie in	ivesimer	il Cor	npany Act (	JI 194	.0						
1. Name and Address of Reporting Person*  MEANY DENNIS M				2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]									Check all D	applicable) rector ficer (give t	J		wner (specify		
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 05/08/2010										SVP, Gen.Counsel & Sec'y				
(Street) NEW YO			L0019 Zip)			mend 1/201	,	e of	Original	Filed	(Month/Da	ıy/Yea	ır)		5. Individual or Joint/Group Filing (Check Applic Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tabl	e I - Nor	n-Deriv	ative :	Secu	rities A	cq	uired,	Dis	posed o	f, or	Ben	eficia	ally Ow	ned			
1. Title of Security (Instr. 3)  2. Transa Date (Month/D			Execution Date,		,	Transaction Disposed Code (Instr. 5)		ties Acquired (A) I Of (D) (Instr. 3, 4			nd Sec Bei Ow Rej	mount of urities leficially ned Followin	F:	o. Ownership Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
Common Stock			05/08/2010 <sup>(1)</sup>					Code	v	2,324 <sup>(2</sup>	- (	D D	Price \$45	(Ins	Transaction(s) (Instr. 3 and 4)  60,157		D		
		Та									sed of, onvertib				y Owne	ed			
L. Title of Derivative Security Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemd Execution if any (Month/Da	Date,	4. Transac Code (In 8)	tion istr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	;   I	6. Date E Expiratio (Month/D	n Date		Amo Secu Unde Deriv	Am or	str. 3 ount	8. Price Derivative Security (Instr. 5)		re es ally g d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

## Explanation of Responses:

1. The withholding of shares actually occurred on May 7, 2010 using the closing price of IFF Common Stock on that date. The transaction date is reflected here as May 8, 2010 due to an electronic filing issue.

Date

(D)

Expiration

 $2. \ Securities \ withheld \ for \ tax \ liability \ on \ vesting \ of \ Purchased \ Restricted \ Stock.$ 

## Remarks:

/s/ Dennis M. Meany

of Shares

Title

05/11/2010

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.