FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

											· ·										
1. Name and Address of Reporting Person*  MEANY DENNIS M					IN	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]										all app	olicable) ctor	ng Person(s) to Iss		wner	
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 05/08/2010										X	belov	Officer (give title below) Other (s below)  SVP, Gen.Counsel & Sec'y				
(Street) NEW YC			10019 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									. Indiv ine) X	Form	ial or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
		Tab	le I - Nor	n-Deriv	ative	Se	curitie	es Ac	quire	l, Dis	posed o	of, o	r Ben	efici	ally (	Owne	ed				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da						Execut ay/Year) if any		a. Deemed ecution Date, any onth/Day/Year)		3. 4. Securir Transaction Disposed Code (Instr. 8) 5,		ities Acquired (A) d Of (D) (Instr. 3,			4 and Secu Ben Own		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
										V	Amount		(A) or (D)	Price	.	Transa	Reported Fransaction(s) Instr. 3 and 4)			(Instr. 4)	
Common Stock 05/08				3/2010						2,324	(1) D		\$	<b>\$</b> 0 60		0,157	I	)			
		Та	able II - D								sed of, onvertib				y Ov	vned					
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution or Exercise (Month/Day/Year) if any		Date, ny/Year)	4. Transaction Code (Instr. 8)		of Deriv Secu Acqu (A) o Disp of (D	r osed ) r. 3, 4	Expira (Month	6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Exercisable Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)  Amour or Numbe of Title Shares		nt er		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ow For Dire or I (I) (	nership	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

## Explanation of Responses:

1. Securities withheld for tax liability on vesting of Purchased Restricted Stock.

## Remarks:

/s/ Dennis M. Meany

05/11/2010

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.