SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
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	nd Address of John Fra	f Reporting Person [*] ancis	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									Relationship eck all appl X Direct	,		s) to Iss L0% Ov			
(Last) 521 WE	(F ST 57TH S	irst) TREET	3. Date of Earliest Transaction (Month/Day/Year) 05/03/2018								1	Office below	er (give title /)		Other (s below)	specify		
(Street) NEW Y((City)			10019 (Zip)	4. If Ame	endment, Date	e of Origin	nal Fil	led	(Month/D	ay/Ye	ear)	Line	e) <mark>X</mark> Form	Joint/Group filed by One filed by More	Reporting	, Perso	'n	
		Tab	le I - Non	-Deriva	ative Se	curities A	cquire	d, Di	isp	osed o	of, o	r Bene	ficial	ly Owne	d			
1. Title of Security (Instr. 3) Date (Month/					ay/Year)	te, Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)							Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
					Coc	de V	,	Amount		(A) or (D)	Price	Transad (Instr. 3	ction(s)			(Instr. 4)		
		Т				urities Acc s, warrant								Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date, T	Fransaction Code (Instr.	nsaction of E			Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned	Own Forn Dire	ership 1: ct (D) direct	11. Nature of Indirect Beneficial Ownership (Instr. 4)

			of (D) (Instr. 3, 4 and 5)			r. 3, 4					(Instr. 4)			
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(1)	05/03/2018	D			882	05/03/2018	05/03/2018	Common Stock	882	\$0.0000	0.0000	D	
Stock Equivalent Unit	(2)	05/03/2018	A		882		(3)	(3)	Common Stock	882	\$0.0000	2,809	D	

Explanation of Responses:

1. The Restricted Stock Units convert to Common Stock on a one-for-one basis.

2. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

3. The reporting person is receiving 882 Units resulting from the deferral of 882 RSUs granted under the Non-Employee Director Compensation Program which vested on May 3, 2018. The Units are being deferred until retirement or other termination of directorship. The Units are payable in Common Stock at the end of the deferral.

Nanci Prado, attorney in fact Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

05/03/2018