

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Winder Investment Pte Ltd</u> <hr/> (Last) (First) (Middle) #03-00 8 ROBINSON ROAD, ASO BUILDING <hr/> (Street) SINGAPORE U0 048544 <hr/> (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director <input checked="" type="checkbox"/> 10% Owner Officer (give title below) Other (specify below)
	3. Date of Earliest Transaction (Month/Day/Year) 03/16/2020	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	03/16/2020		P		3,799	A	\$98.97 ⁽¹⁾	23,192,642	I	See Footnote ⁽²⁾
Common Stock	03/16/2020		P		14,741	A	\$99.93 ⁽³⁾	23,207,383	I	See Footnote ⁽²⁾
Common Stock	03/16/2020		P		37,215	A	\$101.05 ⁽⁴⁾	23,244,598	I	See Footnote ⁽²⁾
Common Stock	03/16/2020		P		22,885	A	\$101.78 ⁽⁵⁾	23,267,483	I	See Footnote ⁽²⁾
Common Stock	03/16/2020		P		9,000	A	\$102.7 ⁽⁶⁾	23,276,483	I	See Footnote ⁽²⁾
Common Stock	03/16/2020		P		3,900	A	\$104.12 ⁽⁷⁾	23,280,383	I	See Footnote ⁽²⁾
Common Stock	03/16/2020		P		4,703	A	\$104.88 ⁽⁸⁾	23,285,086	I	See Footnote ⁽²⁾
Common Stock	03/16/2020		P		8,400	A	\$105.99 ⁽⁹⁾	23,293,486	I	See Footnote ⁽²⁾

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					

1. Name and Address of Reporting Person*
Winder Investment Pte Ltd

 (Last) (First) (Middle)
 #03-00 8 ROBINSON ROAD, ASO BUILDING

 (Street)
 SINGAPORE U0 048544

 (City) (State) (Zip)

1. Name and Address of Reporting Person*
Haldor Foundation

(Last)	(First)	(Middle)
ZOLLSTRASSE 16		
<hr/>		
(Street)		
SCHAAN	N2	
<hr/>		
(City)	(State)	(Zip)

1. Name and Address of Reporting Person*

Freemont Capital Pte Ltd

(Last)	(First)	(Middle)
#03-00 8 ROBINSON ROAD, ASO BUILDING		
<hr/>		
(Street)		
SINGAPORE	U0	048544
<hr/>		
(City)	(State)	(Zip)

Explanation of Responses:

1. Weighted average price. These shares were purchased in multiple transactions at prices ranging from \$98.45 to \$99.44 inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the ranges set forth in footnote (1), (3), (4), (5), (6), (7), (8) and (9).
2. The securities are directly held by Winder Investment Pte. Ltd. ("Winder"). Winder is a wholly owned subsidiary of Freemont Capital Pte Ltd. ("Freemont"). Freemont is a wholly owned subsidiary of Haldor Foundation ("Haldor"). Freemont and Haldor each disclaims beneficial ownership of the shares held by Winder except for its pecuniary interest therein.
3. Weighted average price. These shares were purchased in multiple transactions at prices ranging from \$99.45 to \$100.44 inclusive.
4. Weighted average price. These shares were purchased in multiple transactions at prices ranging from \$100.45 to \$101.44 inclusive.
5. Weighted average price. These shares were purchased in multiple transactions at prices ranging from \$101.45 to \$102.44 inclusive.
6. Weighted average price. These shares were purchased in multiple transactions at prices ranging from \$102.45 to \$103.37 inclusive.
7. Weighted average price. These shares were purchased in multiple transactions at prices ranging from \$103.45 to \$104.44 inclusive.
8. Weighted average price. These shares were purchased in multiple transactions at prices ranging from \$104.45 to \$105.37 inclusive.
9. Weighted average price. These shares were purchased in multiple transactions at prices ranging from \$105.47 to \$106.44 inclusive.

Remarks:

/s/ William Lexmond, Director of Winder Investment Pte Ltd. 03/18/2020

/s/ Ernst Walch, Board Member of Haldor Foundation 03/18/2020

/s/ Peter Prast, Board Member of Haldor Foundation 03/18/2020

/s/ William Lexmond, Director of Freemont Capital Pte Ltd. 03/18/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.
 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
 ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.