FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Herriott Simon (Last) (First) (Middle) 521 WEST 57TH STREET (Street) NEW YORK NY 10019 (City) (State) (Zip)					3. D 02/ 4. If 02/	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF] 3. Date of Earliest Transaction (Month/Day/Year) 02/01/2021 4. If Amendment, Date of Original Filed (Month/Day/Year) 02/03/2021								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) President Health & Biosciences 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				action	Execution Date,			3. Transa Code (I	ction	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4, 5)		d (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
1. Title of Derivative Security (Instr. 3)	(e.g., of 2. ve Conversion or Exercise Price of Derivative Security (Month/Day/Year) 3. Transaction Date Execution Date, if any (Month/Day/Year)		eate, (Year)	outs, I. Fransac Code (II B)	nsaction de (Instr. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Ex	otions, convertible Date Exercisable and biration Date enth/Day/Year)				8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
Restricted Stock Units	(1)	02/01/2021			A	v	(A) 1,849 ⁽²⁾	(D)	(3)	ЛЕ	(3)	Common Stock	1,849	(1)	1,849		D		
Restricted Stock Units Stock Options (right to buy)	(1) \$149.65	02/01/2021			A A		1,050 ⁽²⁾ 1,356 ⁽⁵⁾		(4)		02/14/2028	Common Stock	1,050 1,356	(1)	2,899 1,356		D D		
Stock Options (right to buy)	\$77.16	02/01/2021			A		2,823 ⁽⁵⁾		(8)	1	02/18/2030	Common Stock	2,823	(7)	2,823		D		
Stock Options (right to buy)	\$123.76	02/01/2021			A		3,202 ⁽⁵⁾		02/01/202	21 (02/01/2027	Common Stock	3,202	(7)	3,202	:	D		

Explanation of Responses:

- 1. In connection with the combination of IFF and the Nutrition & Biosciences business ("N&B") of DuPont de Nemours, Inc. ("DuPont") (the "Transactions"), DuPont restricted stock units were replaced with Restricted Stock Units ("RSUs") that convert into Common Stock on a one-for-one basis upon vesting.
- 2. Number of RSUs was misreported due to administrative error.
- 3. RSUs vest in three equal tranches on each of February 19, 2021, 2022 and 2023, subject to continued employment with IFF.
- 4. RSUs vest in two equal tranches on each of February 14, 2021 and 2022, subject to continued employment with IFF.
- 5. Number of Options was misreported due to administrative error.
- 6. Option is exercisable as of the date of replacement with respect to 904 shares of Common Stock. The Option will become exercisable in respect of the remaining 452 shares of Common Stock on February 15, 2021, subject to continued employment with IFF.
- 7. In connection with the Transactions, DuPont options were replaced with Options to purchase Common Stock.
- 8. Options will vest and become exercisable in three equal tranches on each of February 19, 2021, 2022 and 2023, subject to contiued employment with IFF.

/s/ Nanci Prado, attorney in fact 02/19/2021

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.