\square

Stock

Unit

Equivalent

Remarks:

\$0⁽¹⁾

Explanation of Responses:

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average b	ourden							

hours per response: 0.5	Estimated average burden	
	hours per response:	0.5

						1011 30(11) 01 1				1								
1. Name and Address of Reporting Person* AMEN ROBERT M				2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS &									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
					FRAG	GRANCI	ES I	INC [IFF]				X Direct	or		10% 00	vner
(Last)	(E	irst)	(Middle)		[]									X Office below	r (give title)		Other (s below)	specify
	ST 57TH S	,	(3. Date of Earliest Transaction (Month/Day/Year) 11/29/2007								Chairman & CEO					
(Street)					4. If Am	endment, Da	te of	Original	Filed	(Month/D)ay/Ye	ear)	6. I Lin	Individual or Joint/Group Filing (Check Applicable ne)				
NEW Y	ORK N	Y	10019											X Form	filed by One	e Repo	orting Perso	n 🛛
(City)	(S	tate) ((Zip)											Form Perso	filed by Mor m	e than	One Repo	rting
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Date			2. Transad Date (Month/Da	Execution Date,			Code (Instr. 5)				Benefic Owned	ties For cially (D) Following (I) (I		Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership			
					Code V Amount (A) or (D)					Price	Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ivative Conversion Date Execution Date, T urity or Exercise (Month/Day/Year) if any C		ransaction ode (Instr		ed Expiration Date (Month/Day/Yea)			Amount of			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	y [10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Date

Exercisable

(2)

2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units

Expiration

(2)

Date

Title

fact

Common

Stock

or Number

of

Shares

200

By: Dennis Meany, attorney in

** Signature of Reporting Person

\$49.43

5,867

12/03/2007

Date

D

11/30/2007

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

11/29/2007

1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code v

A

and (c) dividends (in shares) on Units. 40 of the acquired Units are subject to vesting based on employment through December 31, 2008.

(A) (D)

200

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.