FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

				Washing	gton, D.	C. 20	549			OMB APPROVAL				
Section 16. Form 4 or Form 5 obligations may continue. See				_	F CHANGE		_		DMB Number: Estimated average b nours per response:	3235-0287 Irden 0.5				
Instruction 1(b).			Filed		ant to Section 16(a) ection 30(h) of the I	934	<u> </u>		I					
1. Name and Address of Reporting Person [*] Baydar Ahmet				2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &</u> <u>FRAGRANCES INC</u> [IFF]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify			
(Last) 521 WEST 57T	(First) TH STREET	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 04/15/2013							below) below) SVP, Research & Development			
(Street) NEW YORK	NY	10019		4. If Amendment, Date of Original Filed (Month/Day/Year)							ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned														
			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of	Acquired (D) (Instr.	(A) or 3, 4 and 5)	5. Amount of Securities Beneficially Owned Followi Reported	6. Ownership Form: Direct (D) or Indirec (I) (Instr. 4)	t of Indirect Beneficial Ownership	
						Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock			04/15/20)13		J ⁽¹⁾		3	A	\$73.52 ⁽²⁾	342	I	By 401k	
Common Stock											21,756	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, rity or Exercise (Month/Day/Year) if any		Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Acquisition under IFF's 401(k) Plan.

2. Closing market price on date of acquisition under IFF's 401(k) Plan.

<u>By: Jodie Simon Friedman,</u> <u>attorney in fact</u>

04/16/2013

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.