Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

wasnington,	D.C.	20549	

STATEMENT	OF CHANG	ES IN BENEFIC	IAL OW	NERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* RICHTER GLENN R					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]							(Che	eck all applic Directo	able)	g Pers	on(s) to Issi 10% Ov Other (s	ner			
(Last)	(Fi	rst)	(Middle)									_	below)		E0	below)				
3333 BE B6 277A	VERLY RO	OAD			3. Date of Earliest Transaction (Month/Day/Year) 10/01/2021							CFO								
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)							
HOFFM.	II.		60179											2	_	,		orting Persor		
ESTATE ———————————————————————————————————	S 														Form filed by More than One Reporting Person					
(City)	(St	tate)	(Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date			2. Transac Date (Month/Da	Execution Date,		Transaction Disposed Code (Instr. 5)		ties Acquired (A) or I Of (D) (Instr. 3, 4 an			5. Amour Securitie Beneficia Owned F Reported	es Form ally (D) o Following (I) (Ir		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership Instr. 4)					
							Code	v	Amount	mount (A) or (D)		Price	Transact	Transaction(s) (Instr. 3 and 4)			111501. 4)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Gecurity or Exercise (Month/Day/Year) if any		Co	ransaction of ode (Instr. Derivative			Expiration Date of Securit (Month/Day/Year) Underlyin			ecurities erlying vative Security		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				
				Co	ode	v	(A)		Date Exercisal		Expiration Date	Title	N C	Amount or Number of Shares						
Restricted Stock Units	(1)	10/01/2021		I	A		35,436		(2)		(2)	Commo		35,436	\$0.0000	35,436	5	D		

Explanation of Responses:

- $1.\ The\ Restricted\ Stock\ Units\ ("RSUs")\ convert\ to\ Common\ Stock\ on\ a\ one-for-one\ basis.$
- 2. The RSUs will vest in equal tranches with respect to 11,812 shares of Common Stock on each of October 1, 2022, October 1, 2023 and October 1, 2024, in each case subject to the reporting person's continued employment with the Company.

/s/ Jennifer Johnson, attorney in 10/25/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.